



402 Campbell Avenue SW
 Roanoke, VA 24016
 (540) 400-7431
 www.RoanokeResource.com

Roanoke Resource PSR Calendar: March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: E/W: Expressive Writing S/R: Social Recreational P/S: Peer Support S/S: Social Skills T/A: Therapeutic Art	H/N: Health & Nutrition ILS: Independent Living Skills C/I: Community Integration K/S: Kitchen Skills	Daily Schedule: 7:30-8:30: Coffee House/Check-in 11:15-11:45: Lunch 12:00-1:00: House Cleanup	1	2 8:30-9:30 S/R: Jumbo Jenga	3	4
5	6 8:30-9:30 P/S: Topic Lottery 9:45-10:45 T/A: Dreamcatcher	7 8:30-9:30 H/N: My Plate 9:45-10:45 S/S: Green Flags	8	9 8:30-9:30 K/S: Cupcake Chaos	10	11
12 Daylight Savings	13 8:30-9:30 P/S: Check-In 9:45-10:45 E/W: Leprechaun Story	14 8:30-9:30 H/N: Chair Yoga 9:45-10:45 ILS: Coin for Coin	15	16 8:30-9:30 S/R: Jeopardy	17	18
19	20 8:30-9:30 P/S: Topic Lottery 9:45-10:45 T/A: Color Collage	21 8:30-9:30 H/N: Sleep Hygiene 9:45-10:45 S/S: Coping Skill Cookie	22	23 8:30-9:30 K/S: Quesadillas	24	25
26	27 8:30-9:30 P/S: Check-In 9:45-10:45 E/W: Phenomenal Woman	28 8:30-9:30 C/I: Market March	29	30	31	